

Five Rivers Role Profile



Job Title	Clinical Psychologist/Psychotherapist
Division	Assessment and Therapy Service
Responsible to	Head of Assessment and Therapy Service
Responsible for (if applicable)	Delivery of assessments and therapy within Five Rivers Affiliate network.
Salary banding	

Overall Purpose/Aim: Delivery of psychological assessments and therapeutic input

I) **Position Summary:**

To provide detailed psychological assessments and reports for children and families referred via the Affiliate network

To deliver specific therapeutic input for children and their families referred via the affiliate network. Therapies to include Dyadic Development Psychotherapy, MBT, Theraplay, Video Interactive Guidance, Trauma Focused Cognitive Behaviour Therapy and Eye Movement Desensitisation Reprocessing.

The post holder will report operationally to the Head of Assessment & Therapy Service.

The post holder will be expected to work collaboratively with members of the Clinical Services team and maintain any existing professional registration(s), e.g. HCPC, UKCP

II) **Key Responsibilities**

- Completion of psychological assessments as requested from commissioning agency and clients via Five Rivers Referral Team.
- Provision of written psychological reports based on assessment as per Five Rivers report template.
- To provide the agreed number of therapy sessions commissioned by external agencies.
- To maintain detailed and accurate process/clinical notes.
- Comply with Five Rivers electronic data storage systems in relation to appointments, note keeping and invoices.
- Ensure regular and relevant clinical supervision is obtained per professional guidelines.
- To utilise evidence-based literature and research to support evidence-based practice.



This next section refers to the recruitment criteria for the role. They can be noted as essential, as in mandatory, or desirable.

III) Knowledge:

Main Duties/Responsibilities:

Clinical:

To provide detailed psychological assessments, using formal and informal approaches.

To provide assessment reports and communicate in a skilled and competent manner concerning the assessment to Local authorities and health departments as needed.

To ensure that the therapeutic organisational environment and consultancy groups, provides emotional and psychological containment and clinical support for the staff working with the children and young people.

To utilise evidence-based literature and research to support evidence-based practice.

Service Development and Evaluation:

To support the implementation of effective outcome monitoring for to ensure we can effectively track progress and success.

To ensure routine evaluation of the service is embedded, with other colleagues within the service to help develop and ensure we deliver the highest quality of support.

To ensure the development and maintenance of the highest personal and professional standards of practice.

To maintain a good knowledge of legislation, both national and local level about:

- NHS,
- Social Care

With a focus on issues of relevance to the service and our client group (particularly child protection procedures and practices and National Service Frameworks and NICE guidelines). To ensure you safe practice.

To attend team meetings as appropriate, case conferences and professional network meetings.

Organisational Team Membership:

To undertake all duties and responsibilities by Five Rivers Child Care policies, procedures and values.

To develop effective professional relationships with colleagues within Five Rivers.

To undertake such other duties and responsibilities either at Five Rivers Assessment & Therapy Service as may be required from time to time by the Head of Assessment & Therapy.



IV) Skills:

- Good assessment skills applicable to the needs of the children and young people whom Five Rivers supports.
- Qualified and experience in delivering assessment and therapy to children and young people.
- The ability to translate psychological knowledge into practical guidance.
- Having the core skills required to support children with attachment and trauma difficulties e.g. assessment & treatment desirable and a willingness to be trained and use specific approaches as needed (DDP, MBT, EMDR, TF-CBT).

V) Qualifications and professional development

- A qualification which allows for professional registration with an appropriate professional body (HCPC, UKCP) and have a title of either Clinical Psychologist, Counselling Psychologist, Psychotherapist (Child or Child & Adolescent)
- Have an evidenced experience in working with children and young people who are looked after and supporting the team around the child
- A clear history of the commitment to CPD

It is the nature of work of Five Rivers that tasks and responsibilities are, in many circumstances, unpredictable and varied. All staff are, therefore, expected to work in a flexible way when the occasion arises where tasks are not specifically covered in the Job Description and have to be undertaken.

Signed Date

Signed Date





**FIVE RIVERS AFFILIATE MEMBER
PERSON SPECIFICATION - ROLE**

Key: Assessed by Application Form: **A**
 Assessed at Interview: **I**
 Assessed by Test/ Exercise **T**
 Assessed by Documentary Evidence **D**

	Essential	Desirable	A	I	T	D
Education/ Qualifications						
<ul style="list-style-type: none"> Post graduate qualification (psychological or psychotherapeutic) 	E					
<ul style="list-style-type: none"> Specific training relating to attachment, trauma and or working with groups 		D				
<ul style="list-style-type: none"> Registration and or Accreditation relevant to their professional qualification 	E					
Experience/ Training						
<ul style="list-style-type: none"> Experience of working with children and young people who are looked after 	E					
<ul style="list-style-type: none"> Experience of working with professionals and facilitating groups 	E					
<ul style="list-style-type: none"> Specific training in the assessment and treatment of attachment, trauma and the impact of adverse childhood experiences (both at individual and systemic level) 		D				
<ul style="list-style-type: none"> Writing reports and providing professional supports to Local authorities, Health, schools or care providers. 	E					
Knowledge						
<ul style="list-style-type: none"> Assessments relating to Looked after children 	E					
<ul style="list-style-type: none"> Therapeutic approaches and their application 	E					
<ul style="list-style-type: none"> Working with groups and management of dynamics 	E					
<ul style="list-style-type: none"> Specific treatments for trauma and attachment 		D				
Personal Qualities						
<ul style="list-style-type: none"> Resilient and able to maintain a 'thinking' approach to management of the task 	E					
<ul style="list-style-type: none"> Honesty and Integrity to ensure 'trusting' professional relationships are developed. 	E					
<ul style="list-style-type: none"> Able to demonstrate through behaviour that 'Actions speak louder than words) 	E					
<ul style="list-style-type: none"> A team player who is also able to work with autonomy. 	E					
<ul style="list-style-type: none"> Committed, consistent and focused. 	E					
Skills						
<ul style="list-style-type: none"> Leadership skills 	N/A					
<ul style="list-style-type: none"> Staff supervision 	N/A					



• Well-developed written and verbal communication	E					
• Management of budgets and staff rotas	N/A					
• Project management	N/A					
• Staff development and mentoring skills		D				
• Analytical (transforming knowledge into practice)	E					
• Time management	E					
• Delivering training		D				
• Computer literacy	E					
Special Working Conditions						
•						
•						
•						
Behaviours						
Core:						
• Excellent relationship building skills	E					
• Customer Service	E					
• Delivering Results	E					
• Working Together	E					
• Respectful Communication	E					
Managerial / Leadership:						
• Decision Making	E					
• Business Understanding		D				
• Problem Assessment	E					
• Positive Influencing	E					
• Resource Planning		D				
• Developing Others	E					